

Hot drinks

Espresso	£1.20 / £1.60
Espresso macchiato	£1.30 / £1.70
Americano	£2.00
Cortado	£2.10 / £2.50
Cappuccino	£2.10 / £2.50
Latte	£2.10 / £2.50
Flat White	£2.10 / £2.50
Spiced Chai Latte	£2.50
Hot chocolate	£2.50
Mocha	£2.50
Decaf	+40p
Syrups – French Vanilla, Hazelnut	+30p
Carajillo – Double espresso with a shot of Spanish brandy	£3.95
Liqueur coffees	£5.95
Irish Whisky, Frangelico, Brandy, Rum, Amaretto, Tia Maria	
Tea (served in a pot)	£1.90
English breakfast	
Earl Grey	
Peppermint	
Green Tea	
Green Tea & peach	
Chamomile	
Redbush	
Red berry & flower	
Lemongrass & Ginger	
Fresh mint tea	£2.00

ATTIC tea £2.50

Beautiful Chinese loose teas blended with natural ingredients and served in a special tea maker

Energising oolong, ginger, cinnamon & lemon grass

Uplifting white tea, rose & lemongrass

Stress Busting black tea, peppermint, rose & liquorice

Reviving white tea, vanilla, goji berries & lemon balm

Brain Boosting green tea, cardamom & nettle

Focus oolong tea + spearmint lemon balm & ginseng

Comforting pu'erh tea + rooibos, orange & vanilla

Digestion black tea, cinnamon, ginger, fennel, black pepper & cardamom

Jasmine Pearls hand rolled, delicate pearls of green tea leaves naturally scented with jasmine flowers

Soft drinks

Frobishers juices – orange / apple / pineapple / bumbleberry	£1.95
Luscombe Sicilian lemonade	£2.35
Luscombe St Clements	£2.35
Gingerella Ginger ale	£1.95
Karma Cola	£1.95
Lemony Lemonade	£1.95
San Pellegrino pomegranate & orange / lemon & mint	£1.95
Cawston Press rhubarb & apple	£1.95
Belvoir coconut & lime presse	£1.85
Belvoir elderflower & rose presse	£2.35
Llanllyr Spring Water Still / Sparkling 330ml	£1.95
Llanllyr Spring Water Sparkling 750ml	£3.00

Nibbles

Mixed Olives	£3.5
Salted Pistachios	£3.5
Honey Peanuts	£3.5
Pickled Vegetables	£2.5
Selection of breads with olive oil & dukka	£4.5

Dips/Mezze

all served with flatbread

Hummus	£4
Marinated Feta	£4
Whipped Feta	£4
Roasted Peppers	£4
Aubergine Chermouli	£4
Mezze Plate	£10.5
Hummus, whipped feta, roast peppers, pickled vegetables, chermouli, olives	

Sweets

Baklava selection	£4
Pistachio meringue biscuit, glass of Moscato dessert wine (125ml)	£6

Please ask for today's selection of homemade cakes.

Beers

Please ask for this month's guest beer

Vedett (BEL) 5.2% - Very clear Belgian beer, pale-straw colour with a snowy-white head.	£3.5
Gower Brewery Lighthouse (Cym) 4.5% - Light Continental style lager. Clean with a gentle hoppiness	£4
Tenby Brewery MV Enterprise (Cym) 4% - Their flagship pale ale. Citrus with a spicy herbal bitterness	£4
Tomos Watkin Cwrw Haf (CYM) 4.2% - Refreshing Welsh golden summer ale brewed with the finest floor malted barley and wheat.	£4
Coopers Pale Ale (AUS) 4.5% - Australian pale ale - fruity character and robust flavour.	£4
Brewdog Dead Pony Pale Ale (SCO) 3.8% - Inspired by US-Style pale ales but brewed in Scotland, very hoppy with citrus aromas.	£4
Er Boqueron (SP) 4.8% - Spanish artisan beer made from natural ingredients, using Mediterranean Sea water - light & refreshing.	£4
Fordham Copperhead Ale (USA) 5% - Beautifully balanced & smooth American amber pale ale.	£4
Anchor Steam Beer (USA) 4.8% - Deep amber colour & caramel malts	£4
Meantime Lager (ENG) 4.5% - Wonderfully balanced lager with a refreshing burst of pink grapefruit and just enough hoppy notes.	£4
Meantime Chocolate Porter (ENG) 6.5% - A dark beer complemented by the addition of real chocolate during maturation - an ideal dessert or digestif beer.	£4
Meantime Yakima Red (ENG) 4.1% - Brewed with British & German malts to give a deep ruby colour and medium to full body, fruit & citrus flavours	£4
Fordham Route 1 session IPA (USA) 4.5% - Golden in colour with grapefruit & pine aromas.	£4
Brooklyn Brown Ale (USA) 5.6% - A blend of six malts gives this US beer its deep brown colour. Malty & fruity with chocolate & coffee undertones.	£4
Erdinger Alkoholfrei (GER) < 0.5% - Low-Alcohol wheat beer.	£3

Ciders

Sandford Orchards Devon Mist (ENG) 4.5% (500ml) - Cloudy, award winning Devonshire cider.	£4.5
Norcotts Elderflower Cider (ENG) 4% (500ml) - Fresh & crisp with a burst of elderflower.	£4.8
Gwynt y Ddraig (CYM) 4.9% (500ml) - Golden, medium Welsh cider.	£4.5

Red wines

	125ml	175ml	250ml	Bottle
Marchais Merlot (FR) 13%	£4.5	£5	£6	£14
Soft and easy drinking style merlot, plum and red berry fruits, light tannins and a smooth finish.				
Legato Nero D'Avola (IT) 13%	£4.5	£5	£6	£14
A red wine with an intense aroma of sweet cherry and spice, rich ripe dark fruit flavours, good acidity and soft tannins on the finish.				
Fattoria di Vaira (IT) 14%	£5	£5.5	£6.5	£15.5
A modern biodynamic wine from Central Italy. Blend of Montepulciano and Sangiovese. Lovely light red, hint of spice, soft easy finish.				
La Tremenda – Monastrell (SP) 14%	£6	£6.5	£7.5	£19
Herby blend of rosemary, thyme and bay leaves on the palate, leading to a fresh and spicy finish.				
Joel Delauney – Touraine Gamay (FR) 12.5%				£19.5
Light and supple with wonderful fresh berry fruits on the palate.				
Fleurie – La Madone – La Reine de L'Arenite (FR) 12.5%				£21.5
Silky and elegant on the palate with an abundance of berry fruits from the Gamay grape character.				
Vincenzo Bossotti, San Rumè, Barbera d'Asti Superiore				£21.5
DOCG (IT) 14%				
Aromas of dark fruits, spice and a hint of vanilla. The palate is round and intense of dark cherries with good acidity and well integrated tannins.				
La Boheme – Syrah Gamay (AUS) 13%				£24.5
A quirky blend of cool climate shiraz with juicy Gamay resulting in a medium bodied wine brimming with dark berry fruits, peppery spice and a delicious savoury finish.				

Sparkling wines

	125ml	175ml		Bottle
1+1=3 Cava (SP) 11.5%	£4.5	£5		£15.5
Produced from estate-grown, hand-harvested grapes, this Cava was bottled using yeast from the Oenologist Institute of Champagne – delicious!				
Botter Prosecco (IT) 11%	£5	£5.5		£16.5
Stylish Prosecco with delicious soft fruits, hint of peach aromas and delicious uplifting feel.				
Nua Rose (IT) 12%	£6	£6.5		£18.5
Fresh Prosecco style rose produced next to Lake Viverone in Piedmont.				

White wines

	125ml	175ml	250ml	Bottle
Marchais Sauvignon Blanc (FR) 11.5%	£4.5	£5	£6	£14
A deliciously light and crisp Sauvignon, fresh and zesty citrus fruit flavours.				
Legato Nero Inzolia (IT) 12.5%	£4.5	£5	£6	£14
Light fresh Sicilian white with an aroma of fruit and flowers, refreshingly easy to drink.				
Fattoria di Vaira (IT) 11.5%	£5	£5.5	£6.5	£15.5
A modern biodynamic wine from Central Italy. Crisp dry and refreshing with a clean finish.				
Ca'Lunghetta Pinot Grigio (IT) 13.5%	£5	£5.5	£6.5	£15.5
A grown up style of Pinot Grigio, green apple and floral aromas, some well integrated minerality on the palate, with further green apple, spice.				
Percheron - Chenin Viognier (SA) 13.5%	£5	£5.5	£6.5	£15.5
Vibrant white made up of 80% Chenin Blanc from old vines and 20% Viognier. Generous with zesty tropical fruits entwined with spicy apricots.				
Les Grands Presbyteres Muscadet (FR) 12%				£17.5
Crisp, flinty notes with a hint of lime on the nose, pear and apple on the palate with a smooth texture, uplifting freshness and complexity.				
Joel Delauney -TYDY - Sauvignon Blanc (FR) 12.5%				£18.5
Fresh grassy and herbal aromas with some grapefruit, crisp and clean palate.				
Vincenzo Bossotti, Camilin, Arneis DOC (IT) 13%				£19
An unusual grape variety from Piedmonte in north-western Italy is given a little extra breadth with the inclusion of a touch of Chardonnay.				

Rosé wine

	125ml	175ml	250ml	Bottle
La Vie en Rose (FR) 12%	£5.5	£6	£7	£16
Elegant wine with rose petal colour, deliciously scented with raspberry aromas. Complex and tasty with notes of cherry and grenadine.				
Vincenzo Bossotti, Rifletti (IT) 13%				£18.5
The nose is light and zesty with just a hint of red berries, fresh dry and herbaceous on the palate with a good clean finish.				

Dessert wine

	125ml			Bottle
Moscato (FR) 12%	£5			£14.5
The nose is light and zesty with just a hint of red berries, fresh dry and herbaceous on the palate with a good clean finish.				