

# Medina catering menu – Winter 2016

10 Market Street, Aberystwyth, SY23 1DL – 01970 358300

## Nibbles/Dips (all gluten free)

Mixed Olives (v)	£3.50
Salted Pistachios (v)	£3.50
Honey Peanuts	£3.50
Hummus (v)	£3.50
Aubergine Chermouli (v)	£3.50
Whipped Feta	£3.50
Marinated Feta	£3.50
Roasted Peppers (v)	£3.50

## Bread

Focaccia	£3.00
Sourdough (white or 25% rye)	£3.00/£5.00
Fougasse	£2.00
Homemade butter (lightly salted or with lava bread)	£2.50

## Mains

Chicken Bastilla – sweet spices, pine nuts, egg, sultanas, caramelised onions	£6.00
Borek - filo pastry, spinach, feta, pine nuts	£4.00
Sweet potato galette, goat's cheese, pumpkin seeds, chill, garlic, parsley	£6.00
Shin of beef and stilton pie (48 hour notice)	£35.00/whole
Salmon, smoked salmon, dill and broad bean quiche	£30.00/whole
Roasted red peppers and semi-dried tomato quiche	£20.00/whole

## Salad (£6.50 per box)

Char-grilled aubergine, feta, za'atar, pomegranate, pine nuts, parsley (gf)	
White & red cabbage, carrot, apple, lime, red onion, black & white sesame seeds (v, gf)	
Green lentil pilaf, crispy onions (gf)	
Char-grilled broccoli, lemon, red chilli and garlic (v, gf)	
Carrot, dates, lemon, sunflower seeds, parsley, pomegranate molasses (v, gf)	
Vine tomato, cherry tomato, red onions, pomegranate, mint, parsley, sumac (v, gf)	
Kale, roasted butternut squash, shallots, cranberries, toasted almonds (v, gf)	
Cous cous, chilli, parsley, mint, lemon, red pepper, smoked paprika, shallots	

## Small/individual sweets

Meringue (raspberry or pistachio, gf)	£2.50
Brownie(gf)	£2.50
Raspberry and white chocolate muffin	£2.50
Pistachio meringue biscuit (gf)	£1.80
Baklava – pistachio, almond or coconut and walnut	£1.00

## Whole cakes/tarts: serves 10-12

Baked Vanilla cheese cake	£32.00/whole
Dark Chocolate mousse cake (gf)	£28.00/whole
Apple cake	£28.00/whole
Carrot cake (v)	£25.00/whole
Raspberry crumble cake	£25.00/whole
Treacle tart	£18.00/whole
Pear and frangipane tart	£20.00/whole
Chocolate and raspberry tart	£20.00/whole
Blueberry and lemon tart	£20.00/whole
Lemon polenta cake (serves 8-10, gf)	£18.00/whole

gf- Gluten free, v - vegan