

Welcome to / Croeso i

medina

Bwyd Diod Siop | Eat Drink Shop

Nibbles

Za'atar flatbread ● £3.50

.....with labneh £4.00

Mixed olives ●● £3.50

Selection of breads, olive oil, za'atar ● £5.00

Nibbles plate - olives, pistachios,
spiced cashews ● £7.50

Dips

All served with flatbread

Hummus, spiced chickpeas, za'atar ● £5.50

Beetroot hummus, mint ● £5.50

Baba Ganoush ● £5.50

Marinated feta, chilli, parsley, shallot £5.50

Tabouleh, lemon ● £5.50

Dip selection - 3 dips with olives & flatbread
£15

Mezze

Grilled haloumi, honey, za'atar ● £6.50

Falafel, tahini yoghurt, chilli jam ● £6

Cumin fried whitebait, lemon & garlic mayo ●
£6.50

Courgette fries, sumac salt ● £6.50

Cauliflower fritters, lime yoghurt £6.50

Sumac king prawns, garlic, lemon, coriander ●
£7

Set Menu

Choose any

1 Main & 2 Salads

OR

1 Main, 1 Salad & Cumin Potatoes
£11.00

Add a small glass of house wine (125ml)
for only £3

Mains

- * Salmon & Smoked Haddock Fishcakes, Tartare
Sauce
- * Cumin Fried Whitebait, Lemon & Garlic Mayo ●
- * Ras el Hanout Chicken, Mint Yoghurt ●
- * Lamb Kofta, Mint Yoghurt
- * Grilled Haloumi ●
- * Courgette Fries, Sumac Salt ●
- * Falafel, Chilli Jam ●●
- * Cauliflower Fritters, Lime Yoghurt
- * Spinach & Feta Borek
- * Chicken Bastilla, Harissa Yoghurt

Salads

- * Kale, roasted butternut squash, cranberries,
toasted almonds, confit shallots ●●
- * Spiced carrot, poppy seed, baby spinach,
cashew nuts ●●
- * Roasted aubergine, zhoug, date syrup, parsley,
red onion, walnuts ●●
- * Beetroot, orange, red onion, rocket, capers,
balsamic dressing ●●
- * Please ask for today's extra salad

**Add a slice of cake with double cream to your
set menu for £3.50**



NO GLUTEN

If you have any food allergies/intolerances please inform your waiter. All our dishes may contain traces of nuts.

Opening Hours: Mon-Sat 9:30am – 8:00pm

10 Market Street, Aberystwyth, SY23 1DL 01970 358300 www.medina-aberystwyth.co.uk



VEGAN

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Fish

Salmon & smoked haddock fishcakes, cream of leek, French bean & rocket salad £10.50

Fish Pie - prawn, smoked haddock, salmon ● £12

Meat

Braised ras el hanout pork belly, carrots, dried figs, apricots, couscous £11

Roast chicken pilaf, cashews, coriander, parsley, preserved lemon, pomegranate, crispy flatbread £11

Vegetable

Soup of the day, homemade bread £5

Spinach & red lentil stew, onion rings, yoghurt, coriander, smoked paprika, pitta £8.50

Celeriac, butternut squash, spinach, chestnut & manchego pie, cream of leek, mash £9.50

Roasted cauliflower pilaf, cashews, coriander, parsley, preserved lemon, pomegranate, crispy flatbread, roasted tomato sauce ● £11

Kebabs

All served on a flatbread with pickled slaw, mint yoghurt, pomegranate, pomegranate molasses, rocket & red onion salad, pickled chilli £8.50

Lamb kofta | Ras el hanout chicken

Falafel | Haloumi | Lamb Shawarma £1.50 supplement

Sides

Cumin potatoes ●● £3.50

Pickled slaw ●● £4

Chickpea Pilaf ● £4.50

Flatbread ● £2



We need to take a name and contact number for one person in your group. Please scan this QR code and complete the details. Thank you

Salads

Kale, roasted butternut squash, cranberries, toasted almonds, confit shallots ●● £6

Spiced carrot, poppy seed, baby spinach, cashew nuts ●● £6

Roasted aubergine, zhoug, date syrup, parsley, walnuts ●● £6

Beetroot, orange, red onion, rocket, capers, balsamic dressing ●● £6

More salads available daily - please ask about today's extra salad

Selection of:

2 salads £8 | 3 salads £9.50 | 4 salads £11



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