



medina

Bwyd i fynd Take away menu

Ar gael o / Available
from 4:30pm

01970 358300

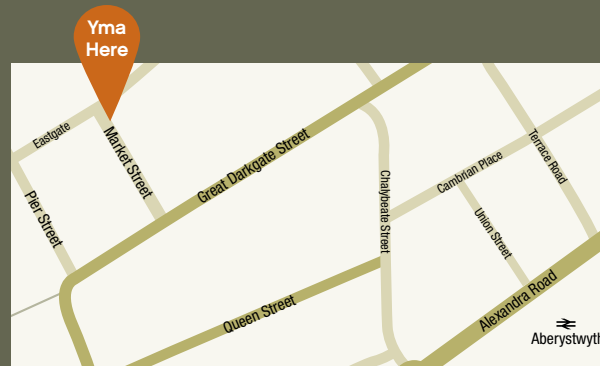


Bwyd ffres â dylanwad ardal Môr y Canoldir, ar gael drwy'r dydd

Ar agor ar gyfer brecwast, cinio a swper gyda gwasanaethau caffi ar gael trwy gydol yr amser. Prydau blasus i'w bwyta i mewn neu eu cymryd allan. Cacennau a phwddinau cartref hyfryd. Bara surdoes arbennig wedi ei bobl'n ffres ar y safle bob dydd. Amrywiaeth eang o fwydydd, ffrwythau, llysiau, cwrwau a gwinoedd ar gael yn ein siop.

Fresh Mediterranean influenced food served all day

Open for breakfast, lunch and dinner with cafe services available throughout. Delicious dishes to eat in or take away. Beautiful homemade cakes and desserts. Fantastic sourdough bread baked fresh on the premises daily. Great range of fruit, vegetables, beers, wines and groceries available in our shop.



Oriau agor / Opening hours:

Llun-Gwener / Monday-Friday 9:30am – 8:30pm
Sadwrn / Saturday 9:30am – 9:30pm
Sul ar gau / Sunday closed

10 Stryd Y Farchnad / 10 Market Street, Aberystwyth,
Ceredigion, SY23 1DL

01970 358300 info@medina-aberystwyth.co.uk
www.medina-aberystwyth.co.uk



Nibbles

- Mixed Olives ●● £3.50
- Salted Pistachios ●● £3.50
- Spiced Cashews ●● £3.50
- Pickled Vegetables ●● £2.50
- Za'atar flatbread £3
- ...with labneh £3.50

Dips

- Hummus, spiced chickpeas, za'atar ● £5.50
- Beetroot hummus, mint ● £5.50
- Smoked aubergine, pomegranate ● £5.50
- Marinated feta, chilli, parsley, shallot £5.50
- Tabouleh, lemon ● £5.50
- Garlic labneh, mint, cucumber £5.50
- Dip selection - 3 dips with olives, pickles & flatbread £15

Mezze

- Grilled haloumi, honey, za'atar ● £6.50
- Falafel, tahini yoghurt, chilli jam ● £6
- Cumin fried whitebait, lemon & garlic mayo ● £6
- Chargrilled ras el hanout chicken, tzatziki ● £6
- Baked feta, chilli, honey, lemon, thyme ● £8

Sides

- Cumin potatoes ●● £3.50
- Chopped salad ●● £4
- Chickpea & lentil pilaf, crispy onions ● £4
- Flatbread ● £1.50

Salads

- Small box £5
- Large box £6.50

Salads are subject to change - please check when ordering for the day's offering and specials.

Chargrilled broccoli, chilli, lemon, garlic ●●

Beetroot, orange, rocket, walnut, red onion, balsamic ●●

Chargrilled aubergine, feta, pomegranate, parsley, za'atar ●

Couscous, romano pepper, chickpea, shallot, smoked paprika, cumin, mint, parsley ●



Salad box meal deals

- Small box £6.60
- Large box £8.40

Salad box with any of the following added in:

Ras el hanout chicken, mint yoghurt

Lamb kofta, mint yoghurt

Salmon & smoked haddock fishcake, tartare sauce

Cumin fried whitebait, lemon mayo

Falafel, chilli jam

Grilled halloumi

Chicken shawarma

Kebabs

All served in a pitta with chopped salad, grilled onion, yoghurt, sesame, pomegranate, pickled chilli

Chicken shawarma | Ras el hanout chicken
Lamb kofta | Falafel | Haloumi
£8.50

Meat platter for two

Chicken shawarma, Lamb kofta,
Za'atar pork rib steak,
cumin potatoes, salad, pickles,
mint yoghurt, flatbread £32

Desserts

- Baklava & Turkish delight selection £4
- Baked vanilla cheesecake, chocolate & cardamom sauce, salted almonds £6.50
- Dark chocolate mousse cake ● £3.50
- Raspberry & pistachio tart £3.50
- Cheesecake slice £3.50
- Apple cake £3
- Vegan carrot cake ● £3
- Turkish delight - 6 piece selection £3



NO GLUTEN



VEGAN

Please inform us when ordering if you have any food allergies/intolerances. All our dishes may contain traces of nuts and gluten.

You can check our food hygiene rating by visiting www.food.gov.uk/ratings or by asking a member of staff.