

Nibbles

Mixed Olives ●●	£3.50
Salted Pistachios ●●	£3.50
Spiced Cashews ●●	£3.50
Pickled Vegetables ●●	£2.50
Focaccia ●	£3
Pitta/Flatbread ●	£1.50
Za'atar & garlic flatbread ●	£3
Selection of breads with olive oil & dukka ●	£4.50
Nibbles Plate	£5.50
Mixed olives, salted pistachios, spiced cashews ●●	

Dips/Mezze

Hummus and pitta ●	£4
Beetroot Hummus and pitta ●	£4
Whipped Feta and pitta	£4
Zacusca and pitta ●	£4
Aubergine Chermouli and pitta ●	£4
Mezze Plate	£10.50
Hummus, whipped feta, zacusca, chermouli, pickled vegetables, mixed olives, pitta	
Falafel, tahini yoghurt, chilli jam ●	£6
Cumin fried whitebait lemon & garlic mayo ●	£6
Charred cauliflower, Harissa honey tahini, almond, preserved lemon ●	£6
Grilled Halloumi, honey, za'atar ●	£6

Salads

Kale, butternut squash, cranberries, almonds, confit shallots, lime ●●
£4.50

Pilaf rice, green lentils, ras el hanout, crispy onions ●
£4.50

Red cabbage, white cabbage, carrot, apple, lime ●●
£4.50

Char-grilled aubergine, feta, za'atar pomegranate, pine nuts, parsley ●
£4.50

More salads available daily - please ask or choose from the counter

Selection of:

2 salads	£7
3 salads	£8.50
4 salads	£10

Oven

Roasted hake, lemon, black pepper, turmeric, lemon balm, semi dried tomatoes, capers, shallots ●
£11

Confit duck leg, sour cherries, courgette, thyme, rosemary, garlic ●
£10.50

Courgette Kofta, roasted tomato sauce ●●
£7

Man'ousheh - Chestnut mushrooms, halloumi, flatbread, garlic & white truffle oil, za'atar, pea cress
£8

Borek - filo pastry, spinach, feta, pine nuts, roasted red pepper & tomato sauce
£6

Stove

Lamb Meatballs, shredded lamb shank, sweet potato mash, caper & green herb dressing
£13.50

7 King prawns, sumac, coriander, lemon & garlic ●
£10

Red lentil & butternut squash stew, yoghurt, fresh coriander, smoked paprika, green harissa ●
£8

Soup of the day, bread
£5

Fried

Salmon & smoked haddock fishcakes tartare sauce
£8.50

Cumin potatoes ●●
£3

Grill

Ras el Hanout chicken, pomegranate, rocket, mint yoghurt, pomegranate molasses, flatbread
£8.50

Lamb kofta, mint yoghurt
£8

Za'atar crusted pork rib steak, char-grilled lemon ●
£8

Desserts

Baklava selection
£4

Baked vanilla cheesecake, chocolate & cardamom sauce, salted almonds
£6

Warm dark chocolate mousse cake, vanilla ice cream ●
£6

Yoghurt pannacotta, blackberries, honeycomb, toasted almonds ●
£6

Apple & plum crumble, ginger ice cream
£6

Pistachio meringue biscuit, glass of Moscato dessert wine (125ml) ●
£6

Affogato - halva ice cream, espresso, sesame biscuit
£6

Meringue with raspberries, Cointreau, vanilla ice cream, cream ●
£6

We also have a selection of homemade ice-creams and sorbets ●



NO GLUTEN



VEGAN

If you have any food allergies/intolerances please inform your waiter. All our dishes may contain traces of nuts.

Opening Hours: Mon-Fri 9:30am – 8:30pm Sat 9:30am – 9:30pm 10 Market Street, Aberystwyth, SY23 1DL 01970 358300 www.medina-aberystwyth.co.uk