

Nibbles

Mixed Olives ●●	£3.50
Salted Pistachios ●●	£3.50
Spiced Cashews ●●	£3.50
Pickled Vegetables ●●	£2.50
Focaccia ●	£3
Pitta/Flatbread ●	£1.50
Za'atar & garlic flatbread ●	£3
Selection of breads with olive oil & dukka ●	£4.50
Nibbles Plate	£5.50
Mixed olives, salted pistachios, spiced cashews ●●	

Dips/Mezze

Hummus and pitta ●	£4
Beetroot Hummus and pitta ●	£4
Whipped Feta and pitta	£4
Zacusca and pitta ●	£4
Aubergine Chermouli and pitta ●	£4
Mezze Plate	£10.50
Hummus, whipped feta, zacusca, chermouli, pickled vegetables, mixed olives, pitta	
Falafel, tahini yoghurt, chilli jam ●	£6
Cumin fried whitebait lemon & garlic mayo ●	£6
Charred cauliflower, Harissa honey tahini, almond, preserved lemon ●	£6
Grilled Halloumi, honey, za'atar ●	£6

Salads

Kale, butternut squash, cranberries, almonds, confit shallots, lime ●●
£4.50

Pilaf rice, green lentils, ras el hanout, crispy onions ●
£4.50

Red cabbage, white cabbage, carrot, apple, lime ●●
£4.50

Char-grilled aubergine, feta, za'atar pomegranate, pine nuts, parsley ●
£4.50

More salads available daily - please ask or choose from the counter

Selection of:

2 salads	£7
3 salads	£8.50
4 salads	£10

Lunch deal

12-4.30pm

Any main & 2 salads or
Any main, 1 salad & cumin potatoes
£9.95

Add a small glass of house wine for only £3

Mains from the kitchen

Lamb kofta with mint yoghurt

Ras el hanout chicken with mint yoghurt ●

Salmon & smoked haddock fishcakes with tartare sauce

Cumin fried whitebait with lemon mayo ●

Falafel with chilli jam ●●

Grilled Halloumi ●

Grilled Merguez sausages with mint yoghurt

Mains from the counter

Sausage roll

Roasted Red Pepper & semi-dried tomato quiche

Borek

Stove

Soup of the day, bread	£5
Red lentil & butternut squash stew, yoghurt, fresh coriander, smoked paprika, green harissa ●	£8

Fried

Cumin potatoes ●●	£3
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Desserts

Baklava selection	£4
Pistachio meringue biscuit, glass of Moscato dessert wine (125ml) ●	£6
Affogato - halva ice cream, espresso, sesame biscuit	£6
Meringue with raspberries, Cointreau, vanilla ice cream, cream ●	£6
Warm dark chocolate mousse cake, vanilla ice cream ●	£6
Apple & plum crumble, ginger ice cream	£6

We also have a variety of homemade ice-creams and sorbets and a selection of homemade cakes and pastries



NO GLUTEN



VEGAN

If you have any food allergies/intolerances please inform your waiter. All our dishes may contain traces of nuts.

Opening Hours: Mon-Fri 9:30am - 8:30pm Sat 9:30am - 9:30pm 10 Market Street, Aberystwyth, SY23 1DL 01970 358300 www.medina-aberystwyth.co.uk